

Effect of Dietary Supplements Containing Fish Oil on Lean Body Mass (LBM) in Adult Oncology Patients						
5 Studies (Author, Year)	Fish Oil (FO) Dose Planned	Eicosapentaenoic Acid (EPA) Dose Planned	FO - Actual Dose Received	EPA - Actual Dose Received	Dosing Range (Planned or Actual)	Mean or Median Consumption
N/A means "Information not available."			Gray shading indicates a calculated rather than reported dose			
<a href="#">Fearon 2006</a>	N/A	Either 2.0g/day or 4.0g/day	N/A	2g patient compliance = 68%; 4g patient compliance = 75%; n.s.; (not amount of EPA); Compliance was considered 80% of planned dose, thus compliance for 2.0g group = 1.6g/day and 4g group = 3.2g/day.	For 2g group, 1.6 - 2.0g/day; for 4g group, 3.2 - 4.0g/day	N/A
<a href="#">Murphy 2011</a>	Either (4) 1g capsules/day for a total of 4g OR 7.5ml liquid FO/day	2.2g for both forms of FO	Patients dropped from study at < 80% compliance, so lowest dose = either 3.2g or 6g	Patients were dropped from the study at < 80% compliance, so lowest dose = 1.76g	1.76g - 2.2g EPA actual	N/A
<a href="#">Taylor 2010</a>	500mg capsules marine phospholipids, 3x/day	0.278g EPA, 0.342g DHA	94%±2% of prescribed MPL capsules were taken	Lowest amount EPA taken was 0.25576g, highest amount = 0.26688g	~0.26g - 0.27g EPA actual	N/A
<a href="#">Wigmore 2000</a>	N/A	After gradually ↑ dose for 3 weeks, during weeks 4 - 12 patients received study dose of 6g EPA/day as (12)- 500mg capsules	N/A	N/A	6g/day EPA planned	N/A

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<a href="#">Wigmore 1996</a>	1g FO capsules providing 18% EPA; starting dose = 2g/day; each week dose was ↑ by 2g/day up to a max 16g/day	2g FO contained 0.36g EPA	Median tolerated dose = 12g/day	At median tolerated dose of FO, dose of EPA = 2.16g/day	2.16g/day EPA actual	2.16g/day