Study Design Characteristics						
_	Distinguishing Features	Questions Answered	Generalizability	Internal Validity	Result	Typical Statistics
Randomized Controlled Trial (RCT)	 Random assignment to groups Investigator manages exposure to the casual agent Prospective Can establish cause and effect 	 Efficacycan it work? What is the magnitude of effect? What proportion benefit? Which approach is better? 	sample representative of reference population	 randomization process adherence to protocol attrition/withdrawal blinding patient provider data collector 	quantitative measure of outcomes adjusted for confounders yes/no for outcome % experimental / % control	 mean, standard deviation t-test analysis of variance multivariate analysis Chi square, logistic regression RR relative risk
Non-randomized Trial	Natural groups or allocation with nonrandom procedure Investigator manages exposure to the causal agent Prospective Confounders-other factors could affect intervention and/or outcome	 Effectiveness does it work? What is the magnitude of effect? What proportion benefit? Which approach is better? 	sample representative of reference population	 selectivity bias within groups, baseline differences details of intervention attrition/follow up blinding patient provider data collector 	•quantitative measure of outcomes – adjusted for confounders and covariates • yes/no for outcome •% experimental / % control	 mean, standard deviation t-test analysis of variance multivariate analysis Chi square, logistic regression RR relative risk
Cohort Study	Group, identified with common characteristic, followed forward in time No investigator manipulation, analytical Prospective "Exposure" data collected before outcome Can establish temporal sequence	 Does "exposure" lead to "outcome"? What proportion develops the outcome? Is there a dose response? What are the "protective" and the "risk" factors? 	sample representative of reference population	large enough sample to pick up outcome events period between exposure and onset Confounders assessed Follow up (80%)	 yes/no for outcome % with outcome in each group stratified by subgroups adjusted for confounders 	logistic regressionRR relative riskChi squaremultivariate analysis
Case-control Study	People with disease (cases) matched with people without (controls) Look back in time for past exposure to factor No investigator manipulation, analytical Retrospective, survey or record review Association only	 Is outcome associated with presence of factor? What are risk factors? What are protective factors? Is there a dose response? 	sample representative of reference population	good match between cases and controls/bias recall bias ability to find exposure data blinded data collectors	proportion (%) with exposure to factor in each group stratified by subgroups adjusted for confounders	OR odds ratiomultivariate analysismultivariate analysis
Cross-sectional Study	Group identified by some characteristic (outcome) Look once, exposure and outcome collected at same time No investigator manipulation Association only	Is outcome associated with presence of factor? What factors are correlated? Are there clues to suggested a more rigorous study is indicated?	 sample representative of reference population biologically plausible 	recall biasblinded data collectors	% with factor in each group stratified by subgroups adjusted for confounders	OR odds ratiomultivariate analysismultivariate analysis
Case Series	 Patients defined by diagnosis or treatment Followed prospectively Observational study, no investigator manipulation 	 What is the experience of a set of patients with a disease in common? What are the details of care provided? 	not representative of reference population	 all cases in time period inclusion/exclusion criteria consistent measurement investigator bias 	 data for each subject shown on table quantitative qualitative/subjective 	 simple descriptive statistics means, std deviation range frequency percent